



DELHI PUBLIC SCHOOL, FIROZABAD

Under the Aegis of Delhi Public School Society, New Delhi

(Senior Secondary)

Affiliated to CBSE New Delhi (Code : 2133064)

NEWS LETTER CLASS- Nursery SEPTEMBER 2021

गुरुब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।
गुरुः साक्षात् परं ब्रह्म तस्मै श्री गुरुवे नमः ॥
गुरु ही ब्रह्मा हैं, गुरु ही विष्णु हैं, गुरु ही शंकर हैं;
गुरु ही साक्षात् परमब्रह्म हैं; ऐसे गुरु का मैं नमन करता हूँ।

“In a crisis, be aware of the danger, but recognize the opportunity.” - John F Kennedy

Dear Parents,

We sincerely believe and operate on these lines. With all care, concern and precautions, we are ready to welcome our tiny tots at their rightful place, their school.

August was a festive month with assemblies, webinar and many interesting activities like the celebration of Independence Day, which manifested the feel of freedom and responsibility, overwhelming each one of us in a spate of nationalistic zeal.

Your feedback during the Parent Teacher Meet would proceed to aid us in discovering more meaningful learning experiences for our children and for ourselves.

Now, we are ready for the month of September!

This month, we will Celebrate the birthday of Dr. S. Radhakrishnan on Teachers Day explaining its relevance to the children during the celebration. We will celebrate an eco-friendly Ganesh Chaturthi and with the medium of this we will inculcate the value of responsibility towards our environment .

Parents, perhaps you are devoting more time to your child's learning today than you have ever devoted before. We know it is very difficult to balance working from home and helping your ward altogether.

For that, we are thankful !

Happy
Teacher's
day

No legacy is
so rich as
honesty.
William Shakespeare



We will begin the session with **VALUE OF THE MONTH**

“HONESTY & TROUTHFULLNESS”..

..is the value for September. The reinforcement of the value will be done through Circle Time discussions, various activities like stories, songs and games.

✧ A milkman became very wealthy through dishonest means. He had to cross a river daily to reach the city where his customers lived. He mixed the water of the river generously with the milk that he sold for a good profit. One day he went around collecting the dues in order to celebrate the wedding of his son. With the large amount thus collected he purchased plenty of rich clothes and glittering gold ornaments. But while crossing the river the boat capsized and all his costly purchases were swallowed by the river. The milk vendor was speechless with grief. At that time he heard a voice that came from the river, “Do not weep. What you have lost is only the illicit gains you earned through cheating your customers.

MORAL : Honest dealings are always supreme. Money earned by wrong methods will never remain for ever.

Theme Of The Month -“ANIMAL’S WORLD

We will make kids more aware about the world of the animals . They will learn about the animal’s habitat, their small ones and the importance of animals in our lives.



MEAL PLAN-

Eat healthy, feel healthy & keep yourself healthy

A healthy diet and regular physical activity can stabilize energy, sharpness of the mind and improve one's mood—thus allowing children to maximize their potential both inside and outside the school. **The good news is – it doesn't have to be difficult either!** Instilling healthy habits in kids require a team effort. Let's begin afresh yet again with another set of menu to add variety to your taste buds! Kindly follow the same to enjoy the nutrition of all the food components in your daily diet

Day 1 Monday : Veg sandwich, Biscuits

An easy sandwich, that kids would love with cheese and vegetables. Choose fiber rich bread and digestive biscuits for healthier choice. You can choose any sandwich spread also like Mayonnaise, Peanut butter also, of your kid's liking.

{ With this kids will get --Carbs, protein , green vegetables and sugar, fibers etc..}

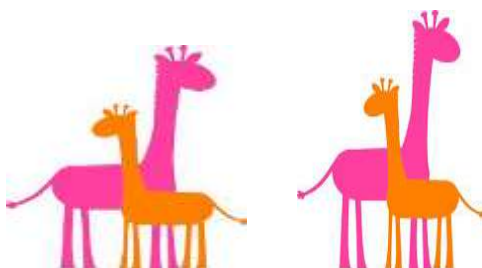


Day 2 Tuesday:

Roti, Paneer butter masala or Any other paneer recipe, Cucumber salad and Cashew biscuits

Paneer with rich buttery gravy goes well with the soft rotis, that will be kid's favourite!

{ With this, Kids will get Carbs, protein, fat, Vitamins and fibers -}



Day 3 Wednesday:

Pav Bhaji, plain or jiggery coated dry fruits

Mixed veggies cooked with masalas and topped with butter chopped onion and lemon juice with pillow soft buns! You can chop the vegies the day before and use burger buns also.

{ With this, kids will get- Carbs, protein, fat, Vitamins and fibers - }



Day 4 Thursday:

Channa pulao or chole --Rice , Apples or fruit salad

Soak basmati rice and chana overnight and morning you can make this pulao easily!

With little bit prior preparation you can make chole-rice as well. Healthy for your kids too!!

{ With this kids will get--carbs, protein, vitamins, minerals and fibers }



Day 5 Friday:

Any fermented dish,--Idli and sambhar, dhokla, uttapam and coconut chatni etc..

These will improve your child's digestive system and keep him healthy.

{ With this kids will get--carbs, protein, vitamins, minerals and fibers }



SYLLABUS OF THE MONTH

ENGLISH-

Oral

- **phonic drill** -letter recognition- Ll, Mm, Nn, Oo, Pp
- words related to alphabet – Ll, Mm, Nn, Oo, Pp
- **listening and speaking skill** — [General Conversation] –
- Example –I like mango.
- I like chocolate.
- **Action words** –Catch and Throw , Walk and Run .
- **Rhyme** – 1) Alphabet Rhyme
2) Fruit Salad
- **Writing skill**- Capital letters- L.M.N.O,P
- **Activities For MOTOR SKILLS** like sorting, clay modelling, button and unbutton, walking on different pattern.



MATHS

Oral-

- Counting 1-20
- Concept and recognition of numbers 1 to 20

Concept-

- Same-Different
 - Heavy-Light
 - Thick and Thin
- Shape** - Circle, Square, Triangle, Rectangle

Writing Skill –

- Tracing-Slanting. Sleeping, Standing and Curved lines
- Numders-1 to 10
- (Jodo Gyan kit will be used to explain all the concept.)
- Back counting 10 to 0

E V S

Oral – Identification of

- Flowers-any 5
- Fruits-any 5
- Vegetables – any 5

चुहिया रानी

चुहिया रानी, चुहिया रानी,
लगती हो तुम बड़ी सयानी ।
जैसे हो इस घर की रानी,
तभी तो करती हो मनमानी ।
कुतर-कुतर सब कुछ खा जाती,
आहट सुन झटसे छुप जाती ।
जब भी बिल्ली मौसी आती,
दुम दबा बिल में घुस जाती ।



Fruit Salad

(Tune: Frere Jacques)

Watermelon, watermelon
Papaya, papaya
Ba-na-na-na-nana,
Ba-na-na-na-nana
Fruit Salad! Fruit Salad!



HINDI

- ऋ, ए, ऐ की पहचान व उच्चारण



Be honest

ART & CRAFT-

- 1 COLOURING
- 2 Square shapes DRAWING PRACTICE
- 3 Circle shapes DRAWING PRACTICE



DANCE-

National Dance Day
Ganpati celebration



PHYSICAL EDUCATION-

Gymnastics: Perform a floor routine including a combination of at least eight different skills.

Floor Exercise:

- (i) Rolls (Forward ,Backward, and Dive forward
- (ii) Cartwheel
- (iii) Handstand

Trampoline Skills:

- (i) Tuck Jump
- (ii) Seat drop
- (iii) Half twist
- (iv) Full twist
- (v) Straddle Jump



Music-

Vocal On notes and keys identification



Parents are requested to ensure that the child revises all the concepts taught in class . This will help the child to be confident in attempting both oral and written work.

ACTIVITIES OF THE MONTH

<i>Day/ Date</i>	<i>Events</i>
<i>Thursday, Sep 02, 2021</i>	<i>Declamation -Animals(Nursery)</i>
<i>Monday, Sep 06, 2021</i>	<i>Teachers Day & National Dance Day</i>
<i>Wednesday, Sep 08,2021</i>	<i>Declamation- What I did in Summer?(UKG A)</i>
<i>Thursday, Sep 9, 2021</i>	<i>Ganpati Celebration & Interhouse Classical dance Competition (Sr.)</i>
<i>Monday , Sep 13, 2021</i>	<i>Declamation - Delicious Meal (LKG)</i>
<i>Monday . Sep 20, 2021</i>	<i>Assessment of LKG & UKG Subject EVS</i>
<i>Wednesday, Sep 22,2021</i>	<i>Assessment of LKG & UKG Subject Hindi</i>
<i>Thursday, Sep 30, 2021</i>	<i>PTM</i>

NOTE -All the activities subject to change.



TRY THIS --

Cheese Nachos

Ingredients Required:

- 1 packet Nachos
- 4 tbsp shredded cheese
- Half cup ball pepper (yellow & red)
- Half cup tomatoes
- 2 green chilies (optional)
- Half cup onions
- 1 tbsp oregano
- 1 tbsp chili flakes
- Salt (as per taste)



Method:

- Take a plate and spread the nachos on it
- Spread the bell peppers, tomatoes, green chilies (optional), and onions over the nachos
- Sprinkle the oregano, chili flakes, salt, and the shredded cheese over it
- Pre-heat the oven for 5 minutes
- Put the plate inside the oven and wait for 3 minutes till the cheese melts
- Serve your hot cheese nachos

MY ECOFRIENDLY GANPATI

Materials Required

- Clay
- Water
- Toothpicks
- Seeds (optional)
- Knife or spoon

Approximate time needed: 30 minutes for 3-4 inch Ganesha idol.

Steps

1. Prepare the dough by mixing water and clay. If you want your idol to give you a plant, infuse the dough with any seed of your choice.
2. Cut them into different pieces or body parts including torso, hands, ears, trunk, face and legs.
3. Take a separate piece to form the base of the idol. Flatten it and give it a square shape
4. Make a ball (torso) and join it with the base. Use 2 toothpicks to join or you can also use water drops.
5. Make the hands, legs and the trunk of the idol. For legs, make long rolls and flatten the edges outwards and stick it to the torso.
6. Take one roll and semi-wrap it around the idol from behind. For the right hand, flatten the edge and make it upward like a blessing. Carve the fingers on the palm. For the left hand, you can place a laddoo.
7. Take the head (round shape) and place it above the torso
8. Take another long roll (trunk) and make it curvy. Stick it at the centre of the head. You can either give a pointy look or tilt it towards the left hand which has a laddoo.



9. Make small size balls for eyes and ears. Shape the ears and eyes and stick them in the final step.
10. Once a rough layout of the ganapati idol is ready, use a knife or toothpicks to rule to make intricate dhoti designs. Use the extra clay to make the *paghdi* or stole. Place the idol in a steel bowl or on a banana leaf.
11. We strictly recommends avoiding any chemical colours. "You can use organic colours or head to your kitchen and find turmeric and beetroot to extract colours."





GANPATI VISERJAN--

The immersion (**visarjan**) of this idol is done in a pot and within a few days of immersion, the **seeds start to spring**. Isn't that the best way to stay blessed.



COMMUNICATION

- We would like to draw your attention towards a few important points that can help to imbibe a sense of responsibility, discipline and regularity in your ward.
- Please go through the first few pages of the **almanac** as these pages provide a lot of handy information that you would find useful for the whole year. Kindly ensure that the student **information pages** in the almanac are duly filled. The photograph of the child must be in school uniform (summer uniform).
- The **almanac** is an important link between the school and home. It must be **brought to school everyday**. Go through it daily for any message for you. **Remarks** put down in the almanac should be seen and **countersigned regularly**.
- In case of the child's absence from school, kindly ensure its to be filled in the leave record in the child's almanac. Please get the leave sanctioned well in advance if your ward is required to take leave on any working day. In case of medical reasons, leave extending to three or more working days must be supported with a medical certificate.
- **The child must carry an extra set of dress in his /her bag every day.**



IMPORTANT INSTRUCTIONS

- Students must wear their **Identity Card** to the school daily.
- If you wish to communicate with the school, the letter should be addressed to the Principal. Mention your **child's name, class and section admission number, address, phone number**, clearly on an A-4 size sheet
- All students are expected to **wear neat, clean and proper school uniform** as specified.
- Always write your ward's **name, class/sec, house and admission no.** on every belonging of your child.
- **If child is not well please do not send him/her school (Not with any medicine also) , give them proper rest, love and care at home and send when they feel completely fit.**

IMPORTANT DAYS OF THE MONTH

5 September-

Teachers Day

8 September

International Literacy Day

14 September

Hindi Diwas

Signature of Class Teacher

Signature of Coordinator

Signature of Principal

